



CYSTICOLPODEFECOGRAPHY

WHAT IS IT?

Cysticolpodefecography is a test that is suggested for problems such as costiveness, pain in the abdomen or in the region around the anus, difficulty in passing stools with a feeling of blockage in evacuating, feeling of incomplete emptying, presence of mucus or blood in the stools, feeling of rectal or genital prolapse.

HOW DOES THE EXAM TAKE PLACE?

The exam is divided into two phases:

- 1st PHASE: introduction into the bladder, vagina, and rectum of an innocuous substance, liquid or semi-solid that allows vision of these organs with x-rays.
- 2nd PHASE: The patient must sit on a container (like the one used in camping) and must pass water and stools as requested by the doctor.

IS THE EXAM PAINFUL?

The exam is not painful either in the phase of preparation or when the patient must pass water and stools. On the whole it can be embarrassing.

WHAT SHOULD BE DONE BEFORE THE EXAM?

About two hours before the x-ray, the patient must have an enema. (It can be bought already prepared at the chemist's).

WHEN ISN'T IT POSSIBLE TO UNDERGO THE EXAM?

If the patient has periods or is pregnant, she cannot undergo this exam, if she isn't sure about being pregnant, she must carry out a pregnancy test beforehand. In care respect, contact the specialist.

WHAT MUST BE DONE AFTER THE EXAM?

The patient must drink lots of water, for one or two days, in order to wash out the bladder. If there is a burning feeling, afterwards, when passing water, it is sufficient to go to the chemist and buy a urinary disinfectant.